**TITLE**

**Abstract**

Maximum 350 words. It should be easy to read and structured, following the same format as the structure of the article itself.

**Keywords:** Include 1 to 10 words.

**Highlights**

* Present 3 to 5 bullet points that clearly and succinctly convey the key messages of your document.
* Each bullet point should be no longer than 125 characters (without spaces).
* It should be on the second page of the manuscript.

**Introduction**

It should begin on the third page of the manuscript.

The introduction should explain the purpose of the study or research, the clinical relevance and the background provided by previous research or publications in this area.

In the last paragraph, please present the hypothesis of the study and clearly describe the objective or objectives of the study.

**Materials and Methods**

The materials (or patients) and methods should provide details of the type of the study, the inclusion and exclusion criteria for patients in clinical trials, the research methodology, the assessment or measurement system, with appropriate references, and the statistical analyses used. Any proprietary equipment or apparatus used should be named, together with the name and address of the manufacturer. Sufficient detail should be given to enable other researchers to replicate the study. Where appropriate, tables or figures may be included to provide clearer information. Data should not normally be presented in this section. Unnecessary experimental details should be avoided, but appropriate references should be cited. Studies involving human subjects and animals should include a statement of approval by an ethics committee. Clearly present the outcome measurement scores used. If statistics are used, please describe the tests used.

**Results**

The results section should provide all relevant data, presented in a concise and meaningful manner, with tables or figures, where appropriate. In studies with fewer than 100 individuals, percentages are not accepted.

**Discussion**

The discussion should consider the results and possible confounding factors, sources of bias, weaknesses in the study, and a review of the relevant literature, placing the study results in the context of previous work in this area. Prefer to use literature from the last 5 years (maximum 10 years) to compare with the findings of your study.

**Conclusion**

Conclusions should be based on the results presented.

**Acknowledgements**

Group your acknowledgements in a separate page at the end of the article, before the references. Do not include them on the first page, as a footnote on the title page or in any other way. Mention here the people who provided support during the research (e.g. language support, support with writing or proofreading the article, etc.).

**References**

1. References should be numbered in numerical sequence as they appear in the text.
2. The names of the first six authors should be given.
3. The reference style is based on the “Recommendations for the Conduct, Reporting, Editing and Publication of Scholarly Work in Medical Journals (ICMJE Recommendations)”. Check the references guidance [here](https://www.nlm.nih.gov/bsd/uniform_requirements.html#books).
4. Both journal and book references should contain page numbers.
5. Personal communications and unpublished data should be cited in parentheses in the text and should not be included in the numbered reference at the end of the article.
6. Quotations from someone other than one of the authors (e.g., personal communication) may only be published if a signed letter of permission is provided.
7. References to abstracts should be included only when essential, and only if the abstract is from a readily accessible publication (e.g., Minutes of Federation; FEBS summaries). Such references should contain the word "Abstract" after the title.